

Cupertino Union School District
Student Nutrition Services
Allergens for Elementary Lunch Menu

<u>Entrees</u>	<u>Soy</u>	<u>Egg</u>	<u>Milk</u>	<u>Wheat</u>	<u>Nuts</u>
Bean and Cheese Burrito	√		√	√	
Bean and Cheese Pocket	√		√	√	
Bean and Cheese Nacho Bites	√		√	√	
Beef Soft Taco	√		√	√	
Chana Masala w/ rice	√			√	
Cheese Breadsticks			√	√	
Cheesy Cheesy Wheels					
Cheeseburger Meatloaf w/ Mashed potatoes	√		√	√	
Cheese Calzone		√	√	√	
Cheese Quesadilla	√		√	√	
Cheese Ravioli		√	√	√	
Cheese Tortellini	√	√	√	√	
Cheese Pizza, Longboard	√		√	√	
Cheese Pizza, Round	√		√	√	
Cheese Pizza, Wedge	√		√	√	
Cheese Pizza in a box	√		√	√	
Cheese Pizza, French Bread	√		√	√	
Chicken Corn Dog	√	√		√	
Chicken Drumsticks w/ tater tots				√	
Chicken Drumsticks w/ onion rings	√		√	√	
Chicken Nuggets (ABC-123) w/ tater tots	√			√	
Chicken Nuggets w/ tater tots	√			√	
Chicken nuggets w/ spudsters	√		√	√	
Chicken Nuggets (WinterWonderland) w/ tater tots	√			√	
Chicken Nuggets (Heart) w/ tater tots	√			√	
Chicken Patty on a bun	√			√	
Chicken Tenders w/ mashed potatoes	√		√	√	
Dinner Roll	√			√	
Grilled Cheese Sandwich	√		√	√	

March 2018

This data is provided for informational purposes only. Menu items are subject to change or substitution without notice. Please consult a medical professional in planning or treatment of medical conditions.

<u>Entrees</u>	<u>Soy</u>	<u>Egg</u>	<u>Milk</u>	<u>Wheat</u>	<u>Nuts</u>
Pepperoni Pocket	✓	✓	✓	✓	
Macaroni and Cheese	✓		✓	✓	
Mini Corn Dogs w/ tater tots	✓	✓		✓	
Mini Corn dogs w/ sidewinders	✓	✓		✓	
Mini Cheeseburgers	✓		✓	✓	
Orange Chicken w/ rice	✓			✓	
Pasta w/ spaghetti sauce				✓	
Soy Butter and Jelly Sandwich	✓		✓	✓	
Tangerine Chicken w/ rice	✓			✓	
Teriyaki Chicken w/ rice	✓			✓	
Turkey and Cheese Sandwich	✓		✓	✓	
Turkey Pizza Pocket	✓		✓	✓	
Turkey Taco Pocket	✓		✓	✓	
Veggie Nuggets w/ dinner roll	✓	✓		✓	
Veggie Nuggets w/ tater tots	✓	✓		✓	
Veggie Nuggets w/ Spudsters	✓	✓	✓	✓	
Veggie Nuggets w/ Onion Rings	✓	✓	✓	✓	
Veggie Nuggets w/ Sidewinders	✓	✓		✓	
Veggie Nuggets w/ mashed potatoes	✓	✓	✓	✓	
Veggie Patty on a bun	✓		✓	✓	

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