

Cupertino Union School District

Student Nutrition Services

Allergens for Elementary Lunch Menu

All entrée items are nut-free

<u>Lunch Entrees</u>	<u>Soy</u>	<u>Egg</u>	<u>Milk</u>	<u>Wheat</u>
ABC chicken Nuggets w/ tater tots	√			√
Buttered Noodles			√	√
Chiminada	√		√	√
Cheese Breadsticks			√	√
Cheese Calzone	√		√	√
Cheese Lasagna			√	√
Cheese Pillow Pull Aparts	√		√	√
Cheese Pizza, Round			√	√
Cheese Pizza, Wedge			√	√
Cheese Pizza, French Bread			√	√
Cheese Quesadilla	√		√	√
Chicken Nuggets w/ tater tots	√			√
Chicken and waffle	√	√	√	√
Chicken Tikka masala w/ rice			√	
Chicken Tenders w/ spiral fries	√			√
Chicken Patty on a bun	√			√
Fish nuggets w/ tater tots				
Grilled Cheese Sandwich	√		√	√
Hamburger on a bun	√			√

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Heart Nuggets w/ tater tots	✓			✓
Holiday Nuggets w/ tater tots	✓			✓
Macaroni and Cheese			✓	✓
Mini cheeseburgers	✓		✓	✓
Mini Corn Dogs w/ tater tots	✓	✓		✓
Pizzaboli			✓	✓
Ravioli Dippers		✓	✓	✓
Soybutter and Jelly Sandwich	✓		✓	✓
Teriyaki chicken (gluten free) and rice	✓			
Teriyaki Tofu and rice	✓	✓	✓	✓
Turkey Pizza Pocket	✓		✓	✓
Turkey & Cheese Protein box			✓	✓
Veggie nuggets w/ spiral fries	✓	✓		✓
Veggie Nuggets w/ tater tots	✓	✓		✓
Veggie Nuggets and waffle	✓	✓	✓	✓
Veggie Patty on a bun	✓	✓	✓	✓
Yogurt basket			✓	✓